

# City of Chandler – Blue Medical Option

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual & Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.azblue.com](http://www.azblue.com) or by calling 1-866-595-5993.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	In-network: <b>\$1,000</b> /family Out-of-network: <b>\$3,000</b> /family  In-network <u>deductible</u> also accumulates to the out-of-network <u>deductible</u> .	You must pay all the costs up to the family <u>deductible</u> amount before this plan begins to pay for covered services you use. Your <u>deductible</u> is based on a calendar year and starts over each January 1 <sup>st</sup> . See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . Unless a copay, fee or different percentage is shown, the coinsurance percentage of the <u>allowed amount</u> that you will pay for most services, after meeting any applicable <u>deductible</u> , is 15% in-network and 40% out of network. Copays, medications, access fees, balance bills, excluded services and precertification charges don't count toward <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. In-network: <b>\$2,500</b> /member and <b>\$5,000</b> /family Out-of-network: <b>\$6,000</b> /member and <b>\$12,000</b> /family	The <u>out-of-pocket limit</u> is the most you could pay during a calendar year for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, precertification charges, balance bills, and costs for health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit. You must keep paying them even if you reach your <u>out-of-pocket limit</u> .
Does this plan use a network of providers?	Yes. See <a href="http://www.azblue.com">www.azblue.com</a> or call 1-866-595-5993 for a list of in-network providers.	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a <u>specialist</u> .	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your benefit book for more information about <u>excluded services</u> .

**Questions:** Call 1-866-595-5993 or visit us at [www.azblue.com](http://www.azblue.com).

If you aren't clear about any of the underlined terms used in this form, see the Glossary.

You can view the Glossary at [www.ccio.cms.gov](http://www.ccio.cms.gov) or call 1-866-595-5993 to request a copy.



- **Copays** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan encourages you to use **in-network providers** by charging you a lower cost-share for their services. A noncontracted provider can charge full billed charges, and the plan will reimburse you based only on the plan **allowed amount**, minus your cost share.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <b>provider's</b> office or clinic	Primary care visit to treat an injury or illness	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Maximum of twenty (20) chiropractic visits per member, per calendar year. Plan doesn't cover acupuncture & services by naturopaths & homeopaths.
	Specialist visit			
	Other practitioner office visit			
	Preventive care/ screening/immunization	No charge	Most services not covered out of network. If covered, 40% coinsurance after deductible & balance bill	Provider's diagnosis and procedure codes determine whether service is preventive. Only mammography (deductible waived) and foreign travel immunizations are covered out of network.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	40% coinsurance after deductible & balance bill	Cost share waived if lab is only service received during physician office visit and at contracted, freestanding, independent clinical labs. In-network cost share varies based on place of service and type of provider(s). Professional services by a radiologist, pathologist, and dermapathologist always subject to deductible and coinsurance.
	Imaging (CT/PET scans, MRIs)	15% coinsurance after deductible		

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need drugs to treat your illness or condition</b>  More information about <b><u>prescription drug coverage</u></b> is available by logging into the BCBSAZ member portal at <a href="http://azblue.com/Rx">azblue.com/Rx</a> .	Level 1 prescription drugs	Retail: \$10 copay Mail Order: \$20 copay	Retail: \$10 copay & balance bill	Some drugs require precertification and won't be covered without it.  Retail copay covers up to a 30-day supply. Mail order copay covers up to 90-day supply. Specialty copay covers up to a 30-day supply. Copays apply each time you fill a prescription supply.  Mail order and specialty are not covered out of network.
	Level 2 prescription drugs	Retail: \$20 copay Mail Order: \$40 copay	Retail: \$20 copay & balance bill	
	Level 3 prescription drugs	Retail: \$40 copay Mail Order: \$80 copay	Retail: \$40 copay & balance bill	
	Specialty Self-Injectables	Level A: \$30 copay Level B: \$60 copay Level C: \$90 copay Level D: \$120 copay	Not covered	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Bariatric surgery subject to 50% coinsurance in-network and out-of-network.
	Physician/surgeon fees			
<b>If you need immediate medical attention</b>	Emergency room services	\$100 access fee per member/facility/day, then 15% coinsurance after deductible		Access fee is waived if you are admitted to the hospital
	Emergency medical transportation	No charge		Deductible and coinsurance waived
	Urgent care	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Precertification required & \$500 charge applies if not obtained out-of-network. Bariatric surgery subject to 50% coinsurance in-network and out-of-network.
	Physician/surgeon fee			
	Long-term acute care	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Precertification required & \$500 charge applies if not obtained out-of-network.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	Non-BSA: 15% coinsurance after deductible BSA: No charge	40% coinsurance after deductible & balance bill	Outpatient behavioral services have two in-network options: network with Behavioral Services Administrator (BSA) and non-BSA (BSA services available only in Arizona.)
	Mental/Behavioral health inpatient services	15% coinsurance after deductible		Precertification required for non-emergency admissions; \$500 charge applies if not obtained out-of-network.
	Substance use disorder outpatient services	Non-BSA: 15% coinsurance after deductible BSA: No charge		Outpatient behavioral services have two in-network options: network with Behavioral Services Administrator (BSA) and non-BSA (BSA services available only in Arizona.)
	Substance use disorder inpatient services	15% coinsurance after deductible		Precertification required for non-emergency admissions; \$500 charge applies if not obtained out-of-network.
<b>If you are pregnant</b>	Prenatal and postnatal care	Physician and Hospital: 15% coinsurance after deductible	40% coinsurance after deductible & balance bill	None
	Delivery and all inpatient services			
<b>If you need help recovering or have other special health needs</b>	Home health care/Home infusion therapy	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Custodial care excluded. Certain drugs not covered without precertification.
	Rehabilitation services EAR = Extended Active Rehabilitation Facility PT/OT/ST = Physical therapy, occupational therapy, speech therapy	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Precertification required for inpatient stay in EAR facility; \$500 charge applies if not obtained out-of-network. Benefit limit of 60 visits per member per calendar year for combined PT/OT/ST services. Plan doesn't cover group physical and occupational therapy.
	Habilitation services	Not covered		Excluded
	Skilled nursing care In skilled nursing facility (SNF)	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	Precertification required & \$500 charge applies if not obtained out-of-network. Benefit limit of 240 days per member per calendar year. Private duty nursing not covered.
	Durable medical equipment	No charge	40% coinsurance after deductible & balance bill	No coverage for rental or repair charges that exceed purchase price or for deluxe models that aren't medically necessary.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Hospice service	15% coinsurance after deductible	40% coinsurance after deductible & balance bill	None
If your child needs dental or eye care	Eye exam	15% coinsurance after deductible. No charge for members under age 5.	40% coinsurance after deductible & balance bill	None
	Glasses	Not covered		Excluded
	Dental check-up	Not covered		Excluded

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your benefit book for other excluded services.)

- |  |   |   |
|--|---|---|
| <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Care that is not medically necessary</li> <li>• Chiropractic services exceeding 20 visits</li> <li>• Cosmetic surgery</li> <li>• Dental care except dental accidents</li> <li>• Experimental and investigational treatments</li> <li>• Eye wear except after cataract surgery</li> <li>• Habilitation care</li> <li>• Hearing aids</li> <li>• Infertility and fertility treatments except as stated in the benefit plan</li> </ul> | <ul style="list-style-type: none"> <li>• Long-term care (except long-term acute care)</li> <li>• Massage therapy other than allowed under medical coverage guidelines</li> <li>• Out-of-network mail order prescriptions and specialty self-injectable medications</li> <li>• Out-of-network preventive care except mammography and foreign travel immunizations</li> <li>• Physical, occupational and speech therapy beyond a limit of 60 visits per member per calendar year</li> </ul> | <ul style="list-style-type: none"> <li>• Private-duty nursing</li> <li>• Routine foot care</li> <li>• Services from naturopathic and homeopathic physicians</li> <li>• Sexual dysfunction, except medications, regardless of diagnosis</li> <li>• Skilled nursing facility treatment over 240 days per member per calendar year</li> <li>• Smoking cessation programs, medications, aids and devices, except as stated in the benefit plan</li> <li>• Weight loss programs</li> </ul> |
|--|---|---|

### Other Covered Services (This isn't a complete list. Check your benefit book for other covered services and your costs for these services.)

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|---|---|--|
| <ul style="list-style-type: none"> <li>• Bariatric surgery</li> </ul> | <ul style="list-style-type: none"> <li>• Non-emergency care when travelling outside the U.S.</li> </ul> | <ul style="list-style-type: none"> <li>• Routine eye care</li> </ul> |
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## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-595-5993. You may also contact your state insurance department at (602) 364-2499 or (800) 325-2548, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: 1-866-595-5993.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” This plan or policy does provide minimum essential coverage.

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 602-864-4884.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 602-864-4884.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 602-864-4884.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 602-864-4884.

This Blue Medical Option Summary of benefits includes only benefits administered by Blue Cross Blue Shield of Arizona (BCBSAZ) for the City of Chandler group benefit plan. Blue Cross Blue Shield of Arizona provides administrative claims payment services only and does not assume any financial risk or obligation with respect to claims.

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is  
not a cost  
estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers:** \$7,540
- **Plan pays** \$4,890
- **Patient pays** \$2,650

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$1,000
Copays	\$0
Coinsurance	\$1,500
Limits or exclusions	\$150
<b>Total</b>	<b>\$2,650</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers:** \$5,400
- **Plan pays** \$3,460
- **Patient pays** \$1,940

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$1,000
Copays	\$730
Coinsurance	\$130
Limits or exclusions	\$80
<b>Total</b>	<b>\$1,940</b>

**This example shows the cost share for a policy covering only one person. If the policy covers a spouse and/or children, a member's cost share may be less than the amount shown if other members contribute to or satisfy the family deductible before the Plan receives claims for that one member.**

## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The Patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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